



**Menstrual Health and
Period Education Advocates**

March 2025

Dear Parents and Carers,

Easter Holiday All Yours Period Boxes

The Easter holidays are fast approaching, and we want to ensure that everyone has the period products they need for the break. We don't want any parents or young people to have to miss out on period products and we are here to provide whatever people need to comfortably and safely manage their periods.

You can visit our website to request the period products you need. We have a range of disposable products as well as reusable period pads and menstrual cups to choose from. If you would like to request products for multiple people in your household, just use the comments box to tell us how many people and the kind of products you would like.

All requests are free and confidential.

You can request your All Yours box here: <https://www.allyoursbox.co.uk/request>

All our boxes are prepared by volunteers, and most boxes are delivered by volunteers as well. Where we are not able to hand deliver a box, we use 2nd class Royal Mail to send our boxes. We ask that you allow at least 21 days for delivery, but we do aim to drop off boxes far quicker than this.

Do you follow All Yours?

We try to keep everyone informed about the work we do both in the community and schools. If you want to find out more about our recent activities, check out volunteer opportunities or find ways to donate to All Yours, you can follow us on Facebook or Instagram - @allyoursmonthly

You can also follow our work in the corporate world and find out more about us on LinkedIn - <https://www.linkedin.com/company/all-yours-period-box>

Keep an eye on our socials as the winners of our International Women's Day picture competition will be announced on them in April.

With best wishes,

All Yours