



**Menstrual Health and  
Period Education Advocates**

April 2026

Dear Parents and Carers,

**EXCITING COMMUNITY EVENTS**

We are delighted to announce that two of our most popular community events are back.

Our legendary period pants parties will be visiting Newbury, Theale and Thatcham libraries over the coming weeks:

Saturday 16<sup>th</sup> May – 10am – 12pm, Newbury Library

Saturday 30<sup>th</sup> May – 10am – 12pm, Theale Library

Saturday 13<sup>th</sup> June – 10.30am – 12pm, Thatcham Library

Come along and pick up free period pants on a first come, first served basis – take them home to try!

Dads Do Pads is also back, with sessions covering both Period Products and the Menstrual Cycle. These free online workshops offer essential information for any dad supporting a young person who is about to start, or is already having, their periods. Sessions take place on 2<sup>nd</sup> and 9<sup>th</sup> June, online at 7.30pm.

Information on our period pants parties and how to sign up to Dads Do Pads can be found on our events page: <https://www.allyoursbox.co.uk/events>

**PERIOD BOX COLLECTION POINTS**

From 1<sup>st</sup> June, we will be moving from home deliveries to community collection points, to help us make better use of volunteer time and ensure our service is sustainable for the long term. You will continue to be able to order reusable period products online.

You can still order period boxes for yourself or any family members via our website up until 31<sup>st</sup> May: <https://www.allyoursbox.co.uk/request>

If you have used our service before, you will receive an email on 1<sup>st</sup> May explaining the changes to our service, and how to access period boxes from 1<sup>st</sup> June.

With best wishes,

*All Yours*