

Autism Advisor for Families



CAMHS DIAGNOSIS PATHWAY

Diagnosis comes
directly to the
Autism Team



Your Autism
Families Advisor
Lizzie Paterson

MY ROLE

I provide guidance and support to families to enhance understanding of autism, explore autism informed approaches, and navigate available services through appropriate advice and signposting.

PRIVATE DIAGNOSIS PATHWAY

Parents of children with a private diagnosis can forward full details directly to learningsupportteam@westberks.gov.uk or to your child's school.

HOW I CAN HELP

Pre- diagnosis

- ✓ Parents and carers can attend coffee mornings and drop-ins to speak directly with the Autism Advisor for Families.
- ✓ Schools and professionals can signpost parents and carers to Autism Advisor drop-ins and coffee mornings.
- ✓ Schools can ask for the Autism Advisor for Families, to attend their own coffee mornings and drop-ins.
- ✓ Parents and carers can attend autism team training (excluding post- diagnosis workshop).
- ✗ I do not provide home visits or individual phone calls.

Post diagnosis

Schools and professionals can refer to the Autism Advisor for Families for an initial phone call.

- ✓ Referrals from schools/professionals are accepted for individual family support.
- ✓ Parents and carers can be part of the autism team's updates service and monthly newsletter.
- ✓ Parents and carers can attend post-diagnosis workshops and autism team training.
- ✗ I do not offer home visits.

you can contact me via email at:
Lizzie.paterson1@westberks.gov.uk

