Little Heath School

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Headteacher
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Dear Parents/Carers

KEEPING YOUNG PEOPLE SAFE ONLINE – E-SAFETY INFORMATION EVENING FOR PARENTS/CARERS

As part of our ongoing commitment to supporting the safety and wellbeing of our young people, we would like to invite you to an **E-Safety Information Evening for Parents and Carers on Thursday 12 November at 5:30pm in the Main Hall.**

We know that the online world plays an increasingly significant role in the lives of our young people, bringing with it many wonderful opportunities for learning, communication and connection. However, we are also very aware of the challenges and risks that children and young people can face online, and how difficult it can sometimes be for parents and carers to keep up with an ever-changing digital world.

The aim of this evening is to share practical advice, information and strategies to help you support your child in navigating the online world safely and confidently. During the session, which I will be leading, we will explore a range of important topics, including:

- **Social media and online communication** – understanding some of the risks associated with popular apps, platforms and group chats.
- **Online safety and safeguarding** – recognising potential risks, including inappropriate content, online grooming, sextortion and harmful online interactions.
- **Cyberbullying and online behaviour** – helping young people to develop positive, respectful and responsible online habits.
- **Privacy settings and parental controls** – practical steps that parents and carers can take to help keep their children safe.
- **Supporting healthy digital habits** – managing screen time, mobile phones and online activity, particularly during the evening and overnight.
- **Where to find help and support** – useful resources and guidance for parents and carers.

We recognise that parenting in the digital age is not always easy. Our intention is not to alarm parents, but to provide helpful, practical information and reassurance, enabling us to work together to keep our young people safe. **Please note that this session is intended for parents and carers rather than students,** as the information and guidance will be directed specifically towards adults.

If you would like to attend, please could we ask you to complete the form via the following link by 12noon on Thursday 12 November.

E-SAFETY Information Evening for Parents/Carers - Thursday 12 November 5.30pm – Fill in form

We are opening this session to all parents, so just want to make sure that we keep track of numbers.

We really hope that you will be able to join us. Thank you, as always, for your continued support. I look forward to seeing you there.

With very best wishes

Mr J Linz
Student Wellbeing Lead
Deputy Designated Safeguarding Lead

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