



Berkshire Healthcare Children, Young People and Families services

Berkshire Immunisation Team

Berkshire Healthcare Foundation Trust

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T: 0300 365 0077

W: cypf.berkshirehealthcare.nhs.uk/immunisation-service

26 September 2025

Dear Parent/Carer,

Your Child is Now Eligible for Their Annual Flu Vaccine

Your child will be eligible for their annual flu vaccine this autumn (This is offered to all children in Reception up to Year 11). For most children and young people this will be offered in school, however if your child does not currently attend school, please continue to complete a **YES** or **NO** consent form following the details below and then contact us to discuss a community clinic appointment.

Flu can make children and young people very poorly, and the vaccine helps keep them safe. Even if your child had the flu vaccine last year, they need it again this year.

The Berkshire Immunisation team will visit your child's school **Little Health School** on **Tuesday 25th November 2025** Please complete a YES or NO consent form for each child using the links below and include your school's unique code: **BK110063** Submit all forms by 9am, one full school day (24 hours) before the session so the team can review them in time.

Types of Flu Vaccine Available

1. Nasal Flu Vaccine (*contains a small amount of porcine gelatine*)

This is the most effective flu vaccine for children. It is a quick, simple, and painless spray administered into the nose.

👉 [Click here](#) to complete the **YES** or **NO** consent form for the nasal flu vaccine



2. Injectable Flu Vaccine (*does not contain any porcine gelatine*)

If you decline the nasal spray due to its porcine content, an injectable alternative is available.

👉 [Click here](#) to complete the **YES** or **NO** consent form for the injectable flu vaccine



✓ If you would like your child to receive their annual flu vaccine, please complete a **YES** form using the information above.

✗ If you do not want your child to receive the flu vaccine, or if your child has already received a flu vaccine since September 2025, please complete a **NO** form to update your child's records.

Without a **YES** or **NO** consent form in the system you may continue to be contacted by the Immunisation Team, as we are required to account for all eligible children and young people.

Self-Consent

Please be aware that the law on consent states that a young person may self-consent to medical treatment, including vaccinations. Therefore, if deemed Gillick Competent, young people have the right to self-consent to vaccinations. For further information click [here](#)

☎ Problems with the completing the online form? We can provide you with a paper copy or support with completing. Please contact us via **0300 365 0077**

For further information on flu please see links below:

- [Children's flu vaccine - NHS](#)
- [Protect yourself against flu; Information for those in secondary school](#)
- [BIMA Flu Vaccination Guides 2025](#)

✉ If you have completed a YES consent form and wish to change your response to a NO please let us know at least 24 hours before the planned session date by emailing: withdrawconsentimms@berkshire.nhs.uk. Please ensure you include your child's full name, DOB and school. Please also send a letter in with your child on the day of the school session containing the above information, for the attention of the Immunisation Team

⚠ If your child becomes wheezy or starts steroids after you fill in the form, contact us right away.

💙 Vaccines help keep children healthy and safe. **Is your child up to date with their routine childhood vaccinations? To find out what vaccines are recommended please visit [NHS vaccinations and when to have them - NHS \(www.nhs.uk\)](#),**

Thank you for helping us protect your child and others.

Kind regards,

Berkshire Immunisation Team