

# Little Heath School

Little Heath Road Tilehurst Reading Berkshire RG31 5TY  
Telephone 0118 942 7337  
Fax 0118 942 1933  
[www.LittleHeath.org.uk](http://www.LittleHeath.org.uk)  
[office@littleheath.org.uk](mailto:office@littleheath.org.uk)



Headteacher  
D J Ramsden, BA, NPQH

14<sup>th</sup> January 2026

Dear Parents / Carers,

## Year 9 Risking it All performance

On Tuesday 3<sup>rd</sup> February, during period 1 and 2 (90 minutes), we will be welcoming a theatre group into school to perform an interactive play called 'Risking it All'. 'Risking it All' stages real stories from young people, their struggle with exploitation and the negative repercussions on their lives. Including mental and physical health, education, and relationships with family and peers. The performance highlights: social network & substance misuse, inappropriate relationships, risk-taking behaviour, peer pressure and child exploitation. Approximately 35 minutes into the performance, the audience are engaged in a mid-show discussion using a facilitation tool called 'forum Theatre'. This intervention allows the audience to decide the fate of each character and explore alternative outcomes for each character which can be positive or negative depending on the conclusions made during discussions.

The performance has been localised to West Berkshire to ensure that we raise awareness and resilience amongst young people about the most prevalent issues for them. We will also be offering post-performance support. Feedback from the young people demonstrates the positive impact the performance has for young people directly affected by the issues raised in addition to the overall positive response.

We will also have members of our Safeguarding Team, and Senior Leadership Team present to offer support throughout the production.

If you have any concerns or questions about the topics we will be covering, please do get in touch with one of us to discuss this.

Yours faithfully,

Mr T James  
[tjames@littleheath.org.uk](mailto:tjames@littleheath.org.uk)  
Leader of Personal Social Health Education

Mr S Rayner  
[sryaner@littleheath.org.uk](mailto:sryaner@littleheath.org.uk)  
Assistant Head

